



## “A New Beginning”

# CASTING FOR RECOVERY FLORIDA

## Casting for Recovery...

### Survivor Expectations

- Compassion
- Confidence
- Empowerment
- Friendships
- Hope
- Strength
- Therapeutic Skills
- Wellness

Casting for Recovery had a modest beginning in 1996 in Manchester, Vermont. Today our national network covers more than 20 states in the U.S., with many more to be added. It has also been the inspiration for similar programs in Canada, New Zealand and the United Kingdom/Ireland.

Casting for Recovery's program combines counseling, medical information, and fly-fishing to build a focus on wellness instead of illness. Our two-and-a-half day retreats are offered at no cost to women at any stage and age of breast cancer treatment and recovery.

Our mission is to make a real difference in the lives of breast cancer survivors—one woman at a time.

CFR has changed the lives of thousands of women and those who love them. With your help we can continue our mission and begin to close the gap between those who want our help and those for whom we have space.

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## ...A New Beginning in Florida

For the past two years, plans have been in the works to bring Casting for Recovery to Florida. Thanks to exhaustive efforts of Titusville volunteer Lily Renzetti that dream is coming to fruition.



Florida's retreat will be November 5-7, 2010, at La Cita Country Club in Titusville—across the Indian River from the Kennedy Space Center. Fourteen women out of a group of applicants will be able to interface

with medical specialists, receive counseling, and learn that recovery can be fun through the therapeutic skills of fly fishing.

Our hope is that Brevard County will be just the beginning in Florida. Our goal is to spread to every section of the state. With the help of volunteers and organizations, we are confident that goal will be met.

## Planning a Retreat

Every woman who has, or will, attend a Casting for Recovery retreat, will find a new beginning...a new confidence...a new hope.

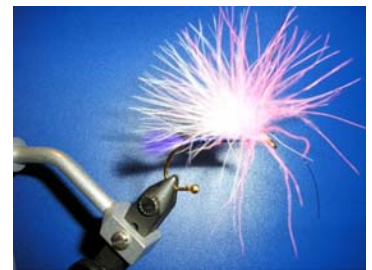
What can CFR participants expect from a retreat? First of all they'll find a very serene and welcoming venue. Each of them will have a special one-on-one contact and a circle of new friendships will be formed. They will receive answers to medical questions and links to where to find more. Their days will be planned to keep them occupied with information and fun, but when they feel the need for some time alone their wishes will be respected. Their rooms will be an oasis when they need some time to rest and relax.

Delicious meals will be presented in a very relaxing atmosphere with all of their new friends.

Physical therapy will come in the form of fly tying and fly casting sessions which have the exact strength and stretch skills needed for recovery. The final day the ladies will have a chance to actually take these new skills to the water to catch fish.

The participants will find a new meaning to life and will gain the confidence and desire to work hard and move forward with their lives knowing that cancer doesn't always have the final word.

Not only do they have a new sense of self, they bring hope to their loved ones and others they touch for a future that is healthy, happy and full of hope. All of this will come at absolutely no expense to the participants.



## New Beginnings for Past Participants

***"I arrived with no real expectations, but left with new friends, a new support system, a better understanding of myself and new tools to deal with my cancer."—  
Participant,  
Colorado***

***"CFR provides a vital program for breast cancer survivors to come together without family and friends to meet new people and try a new sport. An awesome experience...it was a reminder that I am not in this journey alone."—  
Participant,  
California***

***"It was the most healing experience I have had in the two years of my journey with breast cancer and lymph edema. I came home with a new sense of strength and hope."  
~  
Participant Quote***

## “Gathering for a New Beginning”

(Florida’s Good Time Fundraiser)

**When:** July 24, 2010  
**Time:** 6–9 pm  
**Where:** The Fly Fisherman  
 1114 S. Washington Avenue  
 Titusville, FL

**Donation Entry Fee:** \$10  
**Raffle Prize Tickets—**\$25 ea or 5 for \$100  
 Purchase on our secure website  
<https://secure.acceptiva.com/?cst=98e867>  
 or at the door

Silent Auction  
 Casting & Fly Tying Demonstrations  
 Fly Casting Contests  
 Singer/Guitarist Oscar Feliu  
 Heavy Hors d’oeuvres  
 Cash bar

## DONATIONS

If donating locally, please make check payable to “Casting for Recovery—Florida”. Cash is accepted, but checks are easier to handle. Or you can make a secure online donation at [www.castingforrecovery.org](http://www.castingforrecovery.org). Request that it be earmarked for Casting for Recovery—Florida.

Casting for Recovery is a 501(C)(3) organization. All contributions are tax deductible to the fullest extent of the law.

### RAFFLE PRIZES

**Thomas & Thomas Horizon 2 4-pc Fly Rod**  
 (Retail \$700)



**Renzetti Presentation 2000 Vise** (Retail \$289)



**Custom-crafted Fly Tying Station** (Retail \$150)



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## HONOR ROLL OF SUPPORTERS

Backcountry, Melbourne  
Backcountry, Winter Park  
Florida Fly Fishing Association, Cocoa  
The Florida Flyrod Club, Cocoa  
The Fly Fisherman, Titusville  
Scott Hardock  
Harry Goode's Outdoor Shop, Melbourne  
Lady Anglers of Brevard  
Capt. Jim Ross, "Catch a Memory" Radio Show, Rockledge  
Renzetti, Inc., Titusville  
Thomas & Thomas Rods  
Viera Stained Glass Master, LLC, Rockledge

Visit us on **Facebook** at [castingforrecoveryfl@renzetti.com](https://www.facebook.com/castingforrecoveryfl@renzetti.com)

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(Let us add your name)